

GANGPLANK

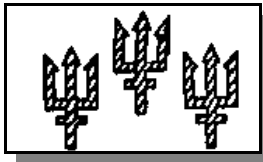


TORONTO
POWER & SAIL SQUADRON



A UNIT OF CANADIAN POWER AND SAIL SQUADRONS

August 2005



Commander's Report

"People out, people doing"

This is the motto of the new Bridge for your Toronto Power Squadron. After what seemed to be the imminent demise of the Toronto Squadron, a few energetic volunteers came forward to help run the squadron. Four additional members are assisting the four returning bridge members to create a formidable team. By no means is the crisis over though. Unlike a lot of other squadrons we have managed for years to consistently maintain our membership numbers. Where we have had difficulties, especially lately, is in Bridge Membership. Please contact us and help out as much as you can, even if it is only for an hour or two a month.

The motto says what we want to happen this year with our squadron. We want to have fun, get people out and doing. How can you start? How about volunteering one night to come out and proctor a boating class. Shortly we will be sending 1 or 2 of the new CPS Boating pamphlets to everyone. These will have the squadron's contact information added to them. Please take a few minutes to post one on a bulletin board at your work, community centre, marina, yacht club, or any other place you feel will attract students. This way we can let everyone know about CPS and specifically your squadron.

Also consider taking a course that you haven't had before. As I sail, I realize the effort that goes into continuing my education. There is always something to learn that can create a safer environment for my family when I'm out on the water. The Boating course is just the basics of what we need to know. Take the next step.

If you have any ideas for the squadron, no matter how small or big, contact me or one of the other members. We want this squadron to be responsive to the needs of the members. Take a few minutes, think about it and give us a call or email us.

Remember, **PEOPLE OUT, PEOPLE DOING!** Any help or suggestion is welcome!

Respectfully, Susan Cameron Cdr

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A Great Summer Salad

In our family, a big part of boating is the after-boating feast. I'm always looking for recipes for dishes I can bring on board (or to picnics) that are healthy and that I don't have to worry about keeping cold. (See Recipe page 4)

IMPORTANT DATES

Bridge Meetings are held the first Tuesday of each Month at Bedford's Restaurant 3080 Yonge St. Courtyard behind Lawrence Subway Stop at 1930. All members are welcome.

- September 13 Boating and Global Weather course Registration 6:45–8:00 pm. Forest Hill Collegiate
- September 15 Toronto In-Water Boat Show at Ontario Place
- September 20 Boating Classes commence at Forest Hill Collegiate 730 Eglinton Ave. W.
- October 19–20 CPS's 57th Annual Conference held in Winnipeg
- November 4 Fall Cottage Life Show - International Centre

Call to the Members from the PR Officer

Upcoming Events

CPS's 57th Annual Conference – “Sailing the Prairies”

Winnipeg, October 19-22. For conference information and registration, please go to the CPS web site at: www.cps-ecp.ca or find a link at our web site: www.torontopowersquadron.org.

Trade Fairs and Shows

During the course of the year CPS hosts information booths at a number of different events and we're always looking for volunteers to help out for a few hours at the booth. Volunteering at the booth is fun – you get to meet people and talk about CPS, you get free admission to the show, and you earn Merit Marks. If you would be interested in putting in a few hours in the CPS booth, please contact:

Kelvin Fosberry.

Upcoming Shows:

■ Toronto In-water Boat Show, September 15-18, Ontario Place.

Fall Cottage Life Show, Nov. 4 - 6, International Centre, 6900 Airport Rd. @ Derry Rd. Toronto, Ontario

Where is that Port Hole?

Just a reminder –

The Port Hole, CPS's quarterly newsletter, is now found in **Canadian Yachting** magazine.

CPS members receive a free subscription to **Canadian Yachting**, one of Canada's premier boating magazines.

Course Description

SCHEDULED FOR FALL 2005

The Boating Course

It contains expanded, detailed boating-safety information, the challenge of plotting and navigation skills, and the interaction with other boaters. Successful completion of the examination at the end of the entire course will provide you with the opportunity of Regular Membership and all its associated benefits, along with the PCOC.

PLANNED FOR WINTER/SPRING 2006

Global Weather

The Global Weather Course is designed for those who wish to make ocean crossings or for the student who would just like to gain a more in depth knowledge of meteorology. It consists of six chapters: Equilibrium in the Atmosphere, General Circulation, Air Masses, Extra Tropical Cyclones, Tropical Cyclones, Forecasting.

Extended Cruising

This course focuses on the aspects of the environment that the offshore sailor must understand to maximize the enjoyment and minimize the risks for their crew and vessel.

Maritime Radiotelephone (VHF)

This seminar consists of two modules:

Module One:

Introduces the student to Maritime Mobile Service, Regulations and Procedures. Students are taught the uses of marine radios, choice of frequencies, operation, phonetic alphabet, procedural words and phrases.

Module Two:

Covers Digital Selective Calling and the Global Maritime Distress and Safety System, (DSC/GMDSS).

Successful completion of this course will qualify the student for a “Restricted Operator's Certificate (Maritime)” ROC (M), with DSC endorsement.

Secretary's Say

TPS Back on Course

The special TPS Organizational Meeting held on July 26, 2005 was quite productive. A number of members who had been active in the past showed up to show their support and to share their ideas, and a handful of newer members also found their way to the Bedford Restaurant meeting. In addition, we benefited from the insights of Herman Todd, York West District Commander and Past District Commander Annie Cook (who is also a Past Squadron Commander).

Many things came out of the meeting – not the least of which was a sense of continued commitment to keeping the Toronto Squadron intact and to offering a number of courses this coming year. Through some brainstorming we came away with many ideas of things we can do to serve members and to bring back camaraderie to the Squadron.

One of the most encouraging developments that evening was the fact that two members volunteered to take on specific roles:

- Kim Sutherland-Brown is joining the Bridge as Public Relations Office (PRO);
- Bob Robertson is chairing the fall Boating Course. (Joni Alexander, former Squadron Treasurer, is helping Bob run the course.)

As well, a number of people volunteered to teach a night or two at the fall boating course. Bob and Joni will contact people – past instructors and members who have expressed an interest in teaching – to see how we can get people involved again this coming year. And of course, any member interested in teaching (whether it's for a particular topic in the Boating Course, or perhaps to teach Boat PRO – our shorter course aimed at preparing people to take the PCOC

exam), please contact a Bridge member as soon as possible – we are always looking for instructors!

One of the purposes of the meeting was to canvass – in an informal manner – what members might like to see the Squadron do. Interest in having social events in the non-boating season was mentioned – for example, the idea of a winter rendezvous or maybe a Fish and Chip night where members could get together and share boating ideas or practical advice. As well, there was interest in the Squadron offering some of the new CPS one-topic courses – courses that would not involve multi-week time commitments. Please stay tuned for follow-up information on these, and other, ideas that came out of the meeting. If you're interested in helping with any of these, please contact a Bridge member.

And finally, a very clear message to come out of the meeting was the need for better communication with members. The bottom line, as one member reminded us, is: "out of sight, out of mind". So, with this issue of the Gangplank we are re-dedicating ourselves to communicating more with you. Over the coming year you can expect to hear more from us – through both the Gangplank and via e-mail (for those members who have shared their e-mail address with us) – and maybe even the occasional phone call.

Elsewhere in this issue of the Gangplank you'll find the course schedule for the fall, as well as the Bridge's contact information. Thanks to all who attended the meeting and hello-again to all members whom we haven't heard from in awhile. Please don't be strangers – we look forward to hearing from you and to working with you to help the Toronto Power Squadron flourish.

Ingrid Sapona -

A Simple Request...

One of the great ideas that came out of the July meeting was the idea of simply asking all members to post *one* CPS brochure somewhere they thought others would see it – for example, at their yacht club or local marina. Our aim is simple: to spread the word about what CPS does and to get the Toronto Power Squadron's name out there.

So, with this in mind, we're including a copy of the CPS promotional brochure. Please post it where you think it might be of interest. And, if you would like additional copies (to hand out to friends, colleagues, relatives, or others who might find it interesting) please contact:

Kim Sutherland-Brown, TPS Public Relations Officer.

Recipe from the Galley

A Great Summer Salad cont'd from pg.1
Enjoy! Ingrid Sapona

Wheat Berry Salad – An adaptation of a recipe found in Bonnie Stern's More Heart Smart Cooking

Ingredients

- 1 cup wheat berries
- ½ lb. green or yellow string beans
- 1 cup cherry or grape tomatoes, quarters
- 1 yellow or orange pepper, diced
- 1 can (14 fl. oz.) artichoke quarters (in water) – cut into eights

Dressing

- 6 Tbsp. rice vinegar
- 2 Tbsp. olive oil
- 1 clove garlic, finely chopped
- ¼ cup chopped fresh parsley
- ¼ cup chopped green onions
- salt and pepper to taste

1. Place wheat berries in saucepan and cover with cold water by about 4 inches. Bring to boil and simmer gently for 1 to 1-1/2 hours, until tender. Drain well (berries should be chewy but tender) and place in large bowl.
2. Bring pot of water to boil. Add beans and cook for 4 to 5 minute. Drain and chill in cold water. Pat dry and slice into ½ inch pieces.
3. Add beans, quartered tomatoes, diced pepper and artichokes to wheat berries and combine.
4. For dressing, whisk together vinegar, garlic and oil. Stir in parsley and chives. Toss salad with dressing. Taste and season with salt and pepper, as desired.

Bridge 2005–2006 Contact Information

Commander:	Sue Cameron 416 694-8015 b_cameron@rogers.com
Executive Officer:	Randall Boccia 416 489-2280 rboccia@rogers.com
Public relations:	Kim Sutherland-Brown 416 272-6329 kimsutherland-brown@rogers.com
Secretary:	Ingrid Sapona 416 485-3399 sapona@interlog.com
Chair - Boating Course:	Rob Robertson 416 489-3945 bob005@sympatico.ca
Past Commander:	David Agnew 416 920-3753 david.agnew@dspasoftware.com
Assistant:	Kelvin Fosberry 416 402-1964 kelfos@sympatico.ca
Squadron Information Line	416-873-4913
URL http://www.torontopowersquadron.org	

We're Updating our Membership List

We're committed to doing a better job of keeping in touch with members. The quickest, easiest and most cost-effective way of doing so is via e-mail. So, we'd like to update our membership list to ensure we have members' current e-mail addresses.

If you'd like to hear from us via e-mail, would you send a note from your preferred e-mail address along with your membership number to Past Commander **David Agnew** – he's volunteered to keep track of this for us. (Thank you David!).
You can e-mail David at: D.Agnew@rogers.com.

Our Mission

To increase awareness and knowledge of safe boating, by educating and training members and the general public, by fostering fellowship among members, and establishing partnerships and alliances with organizations and agencies interested in boating.

GANGPLANK, the official publication of the Toronto Power and Sail Squadron, published four times
March, June, September and December

Also available via our website
www.torontopowersquadron.org

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